

FALL PROTECTION

BE AWARE:

- · Identify all potential tripping and falling hazards before working
- · NEVER jump from any height
- Look for fall hazards such as unprotected floor openings or edges, shafts, skylights, stairwells and roof openings

USE PROTECTIVE EQUIPMENT:

- · Select, wear and use the appropriate fall protection equipment for the task
- · Inspect fall protection equipment for defects before use
- Be sure to understand and follow all local regulations

USE LADDERS AND STAIRS SAFELY:

- · Be sure all ladders are in safe working order before using
- Secure and stabilize all ladders before climbing
- Never stand on the top rung or step of a ladder
- Use handrails when going up or down stairs
- ALWAYS maintain three points of contact when climbing ladders or stairs

PRACTICE GOOD HOUSEKEEPING:

· Keep cords, welding leads and air hoses out of walkways or adjacent work areas

